# HeatWise Emergency Contacts

**Check Each Item**

- [ ] **Emergency Contacts** (family, neighbors, fire department)

- [ ] **Nearest cooling centers or safe places with AC**

- [ ] **Register with local utility or fire department if using medical devices**

- [ ] **Special Instructions for medication, pets, and local support**

Always share your HeatWise emergency plan with others you can count on.

## Helpful Resources

**Dial 211 for local services (LA County)**

**You can Visit Heat Ready at heatready.ca.gov for more information**

**Visit the LA CRC for more information losangelescrc.usc.edu**

SCAN ME

**Scan or visit the following URL to view our Digital Heat Plan: losangelescrc.usc.edu/heatwise**

LACRC LOS ANGELES CAREGIVER RESOURCE CENTER
A Program of the USC Family Caregiver Support Center

This project was supported by **Molina Foundation**

Learn more at **losangelescrc.usc.edu/heatwise**

HeatWise
Caregiver Climate Resilience Toolkit

# Emergency Info Card

**Name of Care Recipient:**

**Caregiver's Name & Contact Info:**

**Emergency Contact #1** (Name, Phone, Relationship)**:**

**Emergency Contact #2** (Name, Phone, Relationship)**:**

**Back up caregiver support contact:**

**Cooling Center Location** (Name, Address, Phone)**:**

**Backup Caregiver or Respite Contact:**

**Special Instructions** (e.g., dementia wandering, oxygen)**:**

HeatWise
Caregiver Climate Resilience Toolkit

# Emergency Info Card

**Name of Care Recipient:**

**Caregiver's Name & Contact Info:**

**Preferred Language:**

**Pets in Home? (Y/N)**

YES NO

**Primary Doctor / Clinic** (Name & Phone)**:**

**Medications that need to Stay Cool:**

**Known Allergies:**

**Power Company / Medical Baseline Program Info:**

**Please call local utility and fire department if using medical devices to register**

**Utility Shut-Off Contact Info:**

**Local senior center:**



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