LOS ANGELES CAREGIVER LANDSCAPE ANALYSIS DATA CHARTBOOK

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Los Angeles Caregiver Landscape Analysis Data Chartbook

The tables and figures in this Chartbook summarize primary and secondary data used to identify Los Angeles family caregivers and their needs for the ***Los Angeles Caregiver Landscape Analysis***.

Section I presents secondary data including 2020-2021 caregiver data reported by the USC Family Caregiver Support Center (FCSC)/Los Angeles Caregiver Resource Center (LACRC)—hereafter referred to as "FCSC"—through the CareNav™ data system. The data reflects Los Angeles County (LAC) caregivers who participated in FCSC's intake and assessment processes in 2020-2021.

Section II includes data for Los Angeles residents who participated in the web or phone-based 2020 California Health Interview Survey (CHIS) and indicated they were providing care at the time of the survey or within the past year.

Section III presents comparisons of 2020-2021 FCSC CareNav™, 2020 CHIS LAC, and CHIS state caregiver data, the latter are residents of California who participated in the survey who indicated they were providing care at the time of the survey or within the past year. The CHIS state data is included to provide additional comparisons and contextualize differences reported in FCSC and CHIS LAC data.

Section IV presents primary data collected from organizations that completed an online *Los Angeles County Caregiver Gap Analysis Community-Based Organization Survey* for the analysis.

The "N" value listed in tables for all sections of the chartbook refer to the total number of individuals or programs that responded to an assessment or survey item. Reported percentages in the tables reflect the percentage of the total number for the item, excluding missing values for each variable.

Note: survey respondents were asked to provide best estimates when unsure of any numbers or percentages. For this reason, and because different programs use different methods to calculate programs costs and other numbers, these findings should be interpreted as estimates.

I. CareNav™ FCSC Caregiver Data: 2020-2021

Table 1. Caregiver Sociodemographic Characteristics (FCSC) 2020-2021

Caregiver Sociodemographic Characteristics (FCSC) 2020-2021	
N=531	**%**
Highest Level of Education (n=422)	
Some High School	11.6%
High School Graduate	18.2%
Some College	22.7%
College Graduate	28.0%
Post Graduate Degree	12.6%
Decline to State	6.6%
Employment Status (n=522)	
Full time	27.2%
Part time	17.2%
Retired	20.7%
Unemployed	33.9%
Leave of Absence	0.8%
Decline to State/Undefined	0.2%
Caregiver Has VA Benefits (n=522)	2.7%
Earns Below Federal Poverty Level (n=508)	36.2%
Lives Alone (n=508)	12.6%
Lives in Rural Area (n=510)	0.0%
Provides Care to Multiple Care Recipients (n=488)	17.6%

Table 2. Characteristics of Caregiving (FCSC) 2020-2021

Characteristics of Caregiving (FCSC) 2020-2021	
N=531	**%**
Respondent is the Primary Caregiver (n=531)	97.9%
CR Has Multiple Caregivers (n=476)	22.1%
Caregiving Duration (n=520)	
< 2 Years	34.6%
2 -5 Years	26.2%
> 5 Years	39.2%
Relationship to Care Recipient (n=523)	
Spouse	26.2%
Partner	2.1%
Child	57.2%
Other Relative	5.9%
Non-Relative	1.9%
Level of Care (n=518)	
1	1.5%
2	4.4%
3	7.1%
4	24.9%
5	62.2%
Care Intensity (n=518)	
Low	5.8%
Medium	7.1%
High	87.1%
Assists with Medical/Nursing Task (n=519)	74.0%
Hours Per Week Caregiver Received Paid Caregiving Help (n=523)	
0	79.3%
1-10	5.9%
11-20	4.8%
21-30	3.4%
31-40	2.9%
> 40	3.6%
Hours Per Week Caregiver Received Unpaid Caregiving Help (n=510)	
0	50.4%
1-10	30.6%
11-20	7.8%
21-30	4.1%
31-40	3.3%
> 40	5.5%

Table 3. Caregiving Activities: "Needs Help" (FCSC) 2020-2021

Caregiving Activities: "Needs Help" (FCSC) 2020-2021	
N = 531	**%**
Number of Activities Requiring Assistance*	
Eating (n = 526)	49.2%
Bathing/Showering (n = 527)	81.0%
Dressing/Undressing (n = 526)	75.5%
Grooming (n = 525)	69.1%
Using Toilet (n = 526)	98.7%
Incontinence (accidents) (n = 501)	64.5%
Preparing Meals (n = 523)	96.2%
Taking Medications (n = 524)	92.0%
Managing Money/Finances (n = 523)	92.9%
Household Chores (n = 525)	98.3%
Using Telephone (n = 524)	77.1%
Mobility (n = 525)	81.7%
Transferring From Bed/Chair/Car (n = 526)	73.8%
Shopping (n = 525)	98.9%
Transportation (n = 525)	97.3%

**Percentage for "needs help" includes caregivers who indicated their care recipient "needs reminders/a little help; needs help most of the time; needs help all the time/unable to do activity."*

Table 4. Caregiver Health Status (FCSC) 2020-2021

Caregiver Health Status (FCSC) 2020-2021	
N = 531	**%**
Self-Rated Overall Health (n=519)	
Excellent	3.7%
Very Good	11.4%
Good	39.3%
Fair	36.6%
Poor	9.1%
Current Health Compared to Six Months Ago (n=513)	
Better	14.4%
Same	52.8%
Worse	32.7%
PHQ-9 (n=517)	
0-2 (None; PHQ-9 N/A)	33.5%
3-9 (Minimal/Mild)	50.9%
10-14 (Moderate)	8.9%
15-19 (Moderately Severe)	5.0%
20-27 (Severe)	1.7%
UCLA Loneliness Scale (n=431)	
3-5 (Not Lonely)	71.0%
6-9 (Lonely)	22.3%
Zarit Burden Interview Screening (n=520)	
0-7 (Low Strain)	51.3%
8-16 (High Strain)	48.7%
Satisfaction with Support from Family and Friends (n=393)	
Very Satisfied	21.1%
Somewhat Satisfied	32.8%
Neutral	22.4%
Somewhat Dissatisfied	14.5%
Very Dissatisfied	9.2%
Satisfaction With Spiritual Support (n=390)	
Very Satisfied	35.9%
Somewhat Satisfied	29.0%
Neutral	27.9%
Somewhat Dissatisfied	4.9%
Very Dissatisfied	2.3%

Table 5. Care Recipient Health Needs (FCSC) 2020-2021

Care Recipient Health Needs (FCSC) 2020-2021	
N = 531	**%**
Care Recipient Medical Conditions* (n=525)	
Alzheimer's Disease and Related Dementias (ADRD) - Includes Alzheimer's, Frontotemporal, Lewy Body, Vascular, Not Specified/Other	38.9%
Parkinson's	6.9%
Stroke	16.6%
Cancer	10.5%
Brain Injury	4.6%
Other	61.5%
Memory Problems/Loss (n=521)	86.8%
Can Be Left Alone (513)	
Always	8.4%
Several Hours	28.3%
< 1 Hour	22.2%
Never	41.1%
Wandering (n=513)	14.0%
Documents in Place (n=304)	
Conservatorship or Guardianship	3.9%
Durable Power of Attorney: Health	65.8%
Durable Power of Attorney: Finances	41.4%
POLST	5.6%
Do Not Resuscitate (DNR)	5.6%
Living Will	65.8%
Trust	9.2%
Advance HealthCare Directive	65.8%

**Percentages do not add to 100 because respondents had the option of checking more than 1 medical condition.*

II. CHIS LAC Caregiver Data: 2020

Table 6. Caregiver Sociodemographic Characteristics (CHIS LAC) 2020-2021

Caregiver Sociodemographic Characteristics (CHIS LAC) 2020-2021	
N = 1,049	**%**
Highest Level of Education	
Some High School	7.5%
High School Graduate	22.1%
Some College	21.0%
Post Graduate Degree	27.6%
Decline to State	21.8%
Employment Status	
Full time	56.5%
Part time	7.2%
Retired	-
Unemployed	35.6%
Leave of Absence	-
Decline to State/Undefined	-
Caregiver Has VA Benefits	15.5%
Earns Below Federal Poverty Level	14.5%

III. Comparisons of FCSC, CHIS LAC, State CHIS Caregiver Populations

Table 7. FCSC, CHIS LAC, and State CHIS Comparisons: Caregiver Sociodemographic Characteristics 2020-2021

FCSC, CHIS LAC, and State CHIS Comparisons: Caregiver Sociodemographic Characteristics 2020-2021			
Sites Served	**FCSC Assessments FY 2020-2021 (%)**	**California Health Interview Survey LAC 2020 (%)**	**California Health Interview Survey ALL 2020 (%)**
Total	**N = 531**	***n* = 1,049**	***n* = 5,362**
Age in years	**n=527**		
18-44	17.5%	42.8%	41.1%
45-64	55.2%	38.3%	38.9%
65 or older	27.3%	20.3%	20.0%
Gender Identity	**n=487**		
Male	19.7%	39.0%	41.4%
Female	77.8%	60.5%	57.7%
Other/NB/Trans	0.4%	0.3%	0.4%
Racial Identity	**n=514**		
Native American/Alaska Native	0.2%	0.4%	0.7%
Asian American/Pacific Islander	6.2%	11.7%	11.4%
Black non-Hispanic	8.9%	5.5%	6.3%
Hispanic/Latino	59.9%	50.4%	37.4%
White non-Hispanic	16.0%	26.1%	40.7%
Multi-racial/Other	3.1%	3.0%	3.4%
Highest Level of Education	**n=422**		
Some High School	11.6%	7.5%	7.1%
High School Graduate	18.2%	22.1%	22.2%
Some College	22.7%	21.0%	23.1%
College Graduate	28.0%	27.6%	25.5%
Post Graduate Degree	12.6%	21.8%	22.1%
Employment Status	**n=522**		
Working at Job or Business	44.4%	64.6%	64.5%
Leave, Unemployed, Retired	55.4%	34.8%	35.6%
Relationship Status	**n=529**		
Married/Partnered	57.1%	54.1%	59.2%
Divorced/Separated/Widowed	14.0%	16.8%	16.1%
Single	28.2%	29.1%	24.7%
Earns Below Federal Poverty Level	**n=508**		
Yes	36.2%	14.5%	11.4%

Table 8. FCSC, CHIS LAC, and State CHIS Comparisons: Caregiver Characteristics 2020-2021

FCSC, CHIS LAC, and State CHIS Comparisons: Caregiver Characteristics 2020-2021			
Sites Served	**FCSC Assessments FY 2020-2021 (%)**	**California Health Interview Survey LAC 2020 (%)**	**California Health Interview Survey ALL 2020 (%)**
Total	**N = 531**	***n* = 1,049**	***n* = 5,362**
Cares for Multiple Care Recipients	**n=476**	-	-
	22.1%		
Care Recipient Age	**n=527**		
18-44	17.5%	11.5%	14.0%
45-64	55.2%	19.4%	18.0%
65 or older	27.3%	66.0%	64.7%
Hours Per Week Caregiving	**n=521**		
<10	9.2%	56.5%	61.8%
11<20	7.7%	14.1%	13.7%
20-<40	15.4%	20.4%	15.3%
40+	67.8%	9.0%	9.2%
Relationship to Care Recipient	**n=530**		
Spouse/Partner	27.9%	13.3%	12.7%
Child	56.4%	50.0%	6.3%
Other Relative	5.8%	9.2%	67.6%
Non-Relative	1.9%	2.1%	13.5%
Care Recipient Medical Conditions*	**n=525**		
Alzheimer's Disease and Related Dementias (ADRD)	38.4%	22.1%	20.4%
Parkinson's	6.9%	-	-
Stroke	16.6%	8.1%	9.0%
Cancer	10.5%	10.3%	10.6%
Other**	61.5%	5.7%	5.8%

**Percentages do not add to 100 because respondents had the option of checking more than 1 medical condition.*

***The significant difference in the care recipient health/medical condition "other" response for CareNav and CHIS data may be attributable to how this category was presented and understood by CareNav™ and CHIS respondents.*

Table 9. FCSC, CHIS LAC, and State CHIS Comparisons: Caregiver Health Status 2020-2021

FCSC, CHIS LAC, and State CHIS Comparisons: Caregiver Health Status 2020-2021			
Sites Served	**FCSC Assessments FY 2020-2021 (%)**	**California Health Interview Survey LAC 2020 (%)**	**California Health Interview Survey ALL 2020 (%)**
Total	**N = 531**	***n* = 1,049**	***n* = 5,362**
Self-Rated Overall Health	**n=519**		
Excellent	3.7%	14.8%	16.9%
Very Good	11.4%	31.6%	34.1%
Good	39.3%	35.8%	32.9%
Fair	36.6%	14.2%	13.9%
Poor	9.1%	3.6%	2.2%
Caregiving Made Health Worse	**n=513**		
	32.7%		
UCLA Loneliness Scale			
How Often Feel Lack of Companionship	**n=390**		
Hardly Ever	56.9%	67.4%	69.8%
Some of the Time	30.5%	27.9%	25.4%
Often	12.6%	4.7%	4.9%
How Often Feel Left Out	**n=426**		
Hardly Ever	68.5%	79.9%	78.1%
Some of the Time	23.5%	18.6%	19.7%
Often	8.0%	1.5%	2.3%
How Often Feel Isolated	**n=426**		
Hardly Ever	62.2%	69.3%	70.3%
Some of the Time	22.0%	25.7%	23.2%
Often	8.3%	5.0%	6.6%
UCLA Loneliness Scale	**n=431**		
3-5 (Not Lonely)	71.0%	84.5%	84.9%
6-9 (Lonely)	22.3%	15.5%	15.1%

IV. Los Angeles County Caregiver Gap Analysis Community-Based Organization Survey

Table 10. Organizational Survey At-A-Glance

SURVEY ITEM	RESPONSE OPTIONS	
CAREGIVER CORE SERVICES		
1. What services does your organization provide to Family Caregivers? Check all that apply.	▸ Information & Assistance/Specialized Information ▸ Respite Care Financial Assistance/Grants ▸ Respite Care—in-home care ▸ Respite Care out-of-home ▸ Caregiver Support Groups ▸ Uniform Caregiver Assessment ▸ Short-Term Counseling Financial Assistance/Grants	▸ Short-Term Counseling ▸ Action Plan ▸ Caregiver Training ▸ Caregiver Education ▸ Legal & Financial Consultation ▸ Family Consultation and Care Navigation ▸ Case Management ▸ Other, please specify
2. Service Delivery Methods	▸ In-Person ▸ Internet	▸ Phone ▸ Other, please specify
CAREGIVER SOCIO-DEMOGRAPHICS		
3. Age	▸ 18-54 yrs. old ▸ 55-64 yrs. old ▸ 65-74 yrs. old	▸ 75-84 yrs. old ▸ 85-94 yrs. old ▸ 95 + yrs. Old
4. Gender	▸ Female ▸ Male	▸ Other/NB/Trans
5. Race/Ethnicity	▸ African American/Black [A person having origins in any of the black ethnic groups of Africa] ▸ Asian [A person having origins in any of the original peoples of the Far East, Southeast, Asia (including Philippines), or the Indian subcontinent] ▸ Native Hawaiian or other Pacific Islander (NHOPI) [A person having origins in any of the original peoples of Hawaii, Guam, Samoa, or other Pacific Islands]	▸ Native American/American Indian [A person having origins in any of the original peoples of North America, Central America, or South America] ▸ Latino/a [A person having origins in Mexico, Central America, South America, Puerto Rico, or Cuba] ▸ White [A person having origins in any of the original peoples of Europe, the Middle East, or North Africa] ▸ Multi-ethnic [A person having origins in more than one of the other core categories specified] ▸ Other

CAREGIVER REFERRALS & NEEDS		
6. If your organization receives caregiver referrals, please give a rough estimate of the percentage of caregiver referrals you receive from each of the following sources.	▸ Physician ▸ Family ▸ Health Plan ▸ Hospital ▸ Senior Center/Community-Based Organization	▸ Conservator or Court ▸ Friends/Neighbors ▸ Other, please specify ▸ N/A
7. In-Home Supportive Services (IHSS). Please give a rough estimate of the percentage of caregivers whom you serve who are the IHSS provider for their care recipient?		
8. Please indicate the 3 most commonly expressed caregiver needs from the list below.	▸ Managing difficult behaviors ▸ Disease specific information ▸ Community Resource Information (health, day care, etc.) ▸ Respite Care/Help in the Home	▸ Community Resources ▸ Help with medication/medical care ▸ Financial aid ▸ Transportation ▸ Other, please specify
9. What are the biggest gaps in caregiver services and supports? Check all that apply.	▸ Unaffordable services, supports, and programs ▸ Not enough financial assistance for family caregivers ▸ Inadequate service structure to meet needs (e.g., not enough programs) ▸ Not enough or absence of programs serving family caregivers representing the following racial groups: ▸ Not enough or absence of programs serving family caregivers who speak the following languages: ▸ Not enough or absence of programs serving LGBTQ family caregivers	▸ Lack of coordination and collaboration among agencies serving caregivers ▸ Digital divide—limited communications and technology access—for many caregivers resulting in an inability to access online services and supports ▸ No single centralized caregiver I&A and referral organization ▸ Need more education/training for family caregivers ▸ Need more education/training for staff serving family caregivers ▸ Need more respite care financial support and respite options ▸ Other, please specify

CAREGIVER REFERRALS & NEEDS		
10. Please list the key organizations you partner/collaborate with to meet the needs of family caregivers.	▸ Aging and Disability Resource Centers (ADRCs) ▸ Adult Day Programs (ADPs) ▸ Adult Day Health Care Services (ADHC) ▸ Community-Based Adult Services (CBAS) ▸ Program of All-Inclusive Care for the Elderly (PACE)	▸ Alzheimer's Day Care Resource Centers (ADCRC) ▸ California Alzheimer's Disease Centers (CADCs) ▸ Behavioral Health Services ▸ Board of Supervisors ▸ City Council Members ▸ Other, please specify
CARE RECIPIENTS		
11. Core Services	▸ Adult Day Health Care ▸ Adult Day Care ▸ Overnight care	▸ Caregiver surveys ▸ Other, please specify ▸ N/A
12. Please indicate the 3 most common health conditions for the care recipients you serve.	▸ Dementia (Alzheimer's, Frontotemporal, Lewy body) ▸ Parkinson's ▸ Multiple sclerosis ▸ Congestive Heart Failure ▸ Diabetes ▸ COPD ▸ Post-Stroke	▸ Traumatic Brain Injury ▸ Fall risk ▸ Cancer ▸ Huntington's disease ▸ Depression ▸ Behavioral health/other mental health ▸ Other, please specify ▸ N/A
ORGANIZATION CHARACTERISTICS		
13. Hours of Operation: List your organization's current hours of operation.	▸ Sunday ▸ Monday ▸ Tuesday ▸ Wednesday	▸ Thursday ▸ Friday ▸ Saturday
14. Do you charge for family caregiver support services?	▸ Yes If yes, do you offer a sliding scale? ○ Yes ○ No	▸ No ▸ N/A
15. Do you use means-testing to determine eligibility for caregiver services?	▸ Yes	▸ No ▸ N/A
16. Do you receive grants or funds to provide family caregiver services?	▸ Yes If yes, please specify the main sources of family caregiver grants or funds.	▸ No ▸ N/A

ORGANIZATION CHARACTERISTICS		
17. How many caregivers (estimate) did you serve in FY 2021 (July 1, 2020-June 30, 2021)?		
18. Do you have a wait list to serve family caregivers?	▸ No	▸ Yes If yes, please specify the current wait list number
19. Based on your best estimate, what is the average number of months caregivers remain as clients of your organization?		
20. Identify the top 3 reasons caregiver participants leave your organization.	▸ Care recipient death ▸ Care recipient admitted to Skilled Nursing Facility, Assisted Living Facility If you indicated "admitted to a Skilled Nursing Facility" or "admitted to Assisted Living" above, check here if the following statement is true: "Family can no longer care for participant."	▸ Moved Out of Area ▸ Other, please specify
21. Do you market your caregiver services?	▸ Very often (e.g., weekly, monthly) ▸ Infrequently (semi-annually to annually)	▸ Never
22. If you do market your caregiver services, which medium(s) do you use?	▸ Flyers/brochures ▸ E-mail communications ▸ Social media	▸ Other, please specify ▸ N/A
23. What resources or supports—including those that are missing or not enough of—would improve your ability to serve family caregivers? Please describe.		
24. How might your services and supports support LA BOLD's countywide Alzheimer's disease and related dementias (ADRD) strategic plan?		

Table 11. Survey Response Rate

Survey Response Rate	
Providers Invited to Complete Survey	43
Survey Respondents	20
Response Rate	47%

Table 12. Caregiver Core Services

Caregiver Core Services (n=20 Organizations)		
	#	%
Information & Assistance/Specialized Information	17	85%
Caregiver Support Groups	13	65%
Caregiver Education	11	55%
Case Management	10	50%
Family Consultation and Care	9	45%
Respite Care Financial Assistance/Grants	9	45%
Action Plan	7	35%
Short-Term Counseling Counselors	7	35%
Other	7	35%
Caregiver Training	6	30%
Respite Care - Out-of-Home	6	30%
Respite Care - In-Home	5	25%
Uniform Caregiver Assessment	4	20%
Short-Term Counseling Financial Assistance/Grants	4	20%
Legal & Financial Consultation	2	10%

Table 13. Service Delivery Methods

Service Delivery Methods (n=19 Organizations)				
	# Organizations	# Organizations	# Organizations	# Organizations
% Using the Following Methods	0-25%	26%-50%	51%-75%	76%-100%
In-Person	11	3	2	3
Internet	12	4	0	3
Phone	8	7	1	2

Table 14. Caregiver Age

Caregiver Age (n=6,684)		
	#	%
18-54 yrs. Old	1886	28%
55-64 yrs. old	1965	29%
65-74 yrs. old	1684	25%
75-84 yrs. old	730	11%
85-94 yrs. old	388	6%
95 + yrs. old	31	0%

Table 15. Caregiver Gender

Caregiver Gender (n=6,889)		
	#	%
Female	5060	73%
Male	1749	25%
Other/NB/Trans	80	1%

Table 16. Caregiver Race/Ethnicity

Race/Ethnicity (n=7,189)		
	#	%
Latino/a	2422	34%
White	2029	28%
Asian	1068	15%
African American/ Black	853	12%
Multi-Ethnic	352	5%
Native Hawaiian or other Pacific Islander (NHOPI)	76	1%
Native American/American Indian	40	1%

Table 17. Caregiver Referral Sources

Caregiver Referral Sources (n=18 Organizations)				
% Referred by the Following	0-25%	26%-50%	51%-75%	76%-100%
Health Plan	13	0	1	1
Physician	12	3	0	1
Family	13	3	1	0
Senior Center/Community-Based Organization	12	3	1	0
Hospital	14	1	1	0
Friends/Neighbors	12	2	0	0
Conservator or Court	13	0	0	0
Other	8	3	1	0
N/A	9	0	0	1

Table 18. Caregivers who are IHSS Providers

Caregivers Who Are IHSS Providers (n=18 Organizations)		
	#	%
0-25%	8	44%
26%-50%	4	22%
51%-75%	2	11%
76%-100%	4	22%

Table 19. Caregiver Needs

Caregiver Needs (n=19 Organizations)		
	#	%
Respite Care/Help in the Home	13	68%
Managing Difficult Behaviors	11	58%
Community Resource Information (Health, Day Care, etc.)	7	37%
Community Resources	7	37%
Financial Aid	6	32%
Disease Specific Information	6	32%
Transportation	2	11%
Help with Medication/Medical Care	1	5%
Other	4	21%

Table 20. Gaps in Services/Supports

Gaps in Services/Supports (n=19 Organizations)		
	#	%
Not enough financial assistance for family caregivers	18	95%
Unaffordable services, supports, and programs	17	89%
Inadequate service structure to meet needs	14	74%
Need more respite care financial support and respite options	7	37%
Need more education/training for family caregivers	6	32%
Need more education/training for staff serving family caregivers	7	37%
No single centralized caregiver I&A and referral organization	6	32%
Not enough or absence of programs serving family caregivers representing the specific racial groups (See below)	4	21%
Not enough or absence of programs serving family caregivers who speak specific languages (See below)	4	21%
Not enough or absence of programs serving LGBTQ family caregivers	2	11%
Other	6	32%

Table 21. Gaps in Services/Supports: Programs Serving Caregivers of Racial Groups

Underrepresented Racial Groups Receiving Caregiver Services (n=4 Organizations)	
	# Organizations
Asian/AAPI	4
African American	3
American Indian/Alaskan Native	2
Latino/Hispanic	1

Table 22. Gaps in Services/Supports: Programs Serving Caregivers Who Speak Specific Languages

Gaps in Services Serving Families Speaking Specific Languages (n=4 Organizations)	
	# Organizations
Spanish	2
Chinese/Mandarin	2
Farsi	1
Portuguese	1
French	1
Italian	1
Russian	1
Korean	1

Table 23. Key Partnering Organizations

Partnerships (n=19 Organizations)		
	#	%
Alzheimer's Day Care Resource Centers (ADCRC)	10	53%
Adult Day Programs (ADPs)	9	47%
Aging and Disability Resource Centers (ADRCs	8	42%
Community-Based Adult Services (CBAS)	7	37%
Adult Day Health Care Services (ADHC)	7	37%
Program of All-Inclusive Care of the Elderly (PACE)	7	37%
California Alzheimer's Disease Centers (CADCs)	6	32%
Behavioral Health Services	4	21%
Board of Supervisors	2	11%
City Council Members	1	5%
Other	0	0%

Table 24. Care Recipient Core Services

Care Recipient Core Services (n=18 Organizations)		
	#	%
Adult Day Health Care	2	11%
Adult Day Care	2	11%
Caregiver Surveys	2	11%
Other	5	28%
N/A	7	39%

Table 25. Most Common Health Conditions

Most Common Health Conditions (n=17 Organizations)		
	#	%
Dementia (Alzheimer's, Frontotemporal, Lewy body)	13	76%
Fall risk	7	41%
Behavioral Health/Other Mental Health	4	24%
Parkinson's	3	18%
Diabetes	3	18%
Multiple Sclerosis	2	12%
Depression	2	12%
Post-Stroke	1	6%
Traumatic Brain Injury	1	6%
Cancer	1	6%
Huntington's Disease	1	6%
N/A	3	18%

Table 26. Hours of Operation

Hours of Operation (n=18 Organizations)		
	#	%
Monday	18	100%
Tuesday	18	100%
Wednesday	18	100%
Thursday	16	89%
Friday	15	83%
Saturday	2	11%
Sunday	2	11%

Table 27. Charging for Caregiver Services

Charging for Caregiver Services (n=18 Organizations)		
	#	%
No	14	78%
Yes	3	17%
N/A	1	6%

Table 28. Using Means Testing

Use Means Testing (n=18 Organizations)		
	#	%
No	12	67%
Yes	3	17%
N/A	3	17%

Table 29. Funding for Caregiver Services

Receive Funding for Caregiver Services (n=18 Organizations)		
	#	%
Yes	9	50%
No	7	39%
N/A	2	11%

Table 30. Total Caregivers Served

Caregivers Served in FY 2021 (n=16 Organizations)	
Total	7989

Table 31. Waitlist for Caregiver Services

Waitlist for Caregiver Services (n=18 Organizations)	
No	17
Yes	1

Table 32. Reasons Caregiver Participants Leave

Reasons Caregiver Participants Leave (n=18 Organizations)		
	#	%
Care Recipient Death	12	67%
Care Recipient Admitted to Skilled Nursing Facility, Assisted Living Facility	8	44%
Moved Out of Area	6	33%

Table 33. Marketing Caregiver Services

Marketing Caregiver Services (n=17 Organizations)		
	#	%
Very Often (e.g. Weekly, Monthly)	7	41%
Infrequently (Semi-Annually to Annually)	5	29%
Never	5	29%

Table 34. Marketing Media

Marketing Media (n=18 Organizations)		
	#	%
Social Media	13	72%
E-mail Communications	9	50%
Flyers/Brochures	8	44%
Other, Please Specify	4	22%
N/A	5	28%

Table 35. Missing Resources and Supports

What resources or supports—including those that are missing or not enough of—would improve your ability to serve family caregivers? (n=13 Organizations)
Better marketing/more referrals.
Expanded funding and eligibility criteria.
Grants for respite care.
Additional funding for respite - cost of private caregiving has increased a lot; more support in finding IHSS caregivers for our clients that are on Medi-Cal and IHSS eligible.
In-language resources/tools to educate community members.
Increase in professional workforce (MD, NP, LCSW, etc.). to be able to see more patients in a day and minimize the wait for clinical care.
Marketing to hospitals (doctors & nurses), doctor's offices, local press, fellow organizations who serve our community that we can collaborate.

Table 36. Current Services Support LA BOLD

How might your services and supports support LA BOLD's countywide Alzheimer's disease and related dementias (ADRD) strategic plan? (n=12 Organizations)
We could serve a record number of people by providing day services, weekly support groups, resources, education etc. with more referrals. We have tons of room to grow in terms of the number of people we serve!
Our dementia care management program helps provide patients and caregivers tailored care plans to help them through their dementia journey. Through active Nurse Practitioner led care management, the program also focuses on reducing risk of hospitalization and ER visits to avoid poor outcomes.
Caregiver Support Groups, Respite Activities for loved ones, educational presentations on dementia, self-care, financial planning, end of life planning, assisted living, self-care for the caregiver to avoid burnout, access to community resources and education, one on one support, overall tips, strategies & support for the family caregiver and connecting them to fellow caregivers who are on the same journey, so they know they are not alone.
As a state designated CADC we will be tasked with helping to carry out the BOLD Act through programming and patient care in our dementia clinic.
We have a department that focuses on ADRD clients, and the main issue is just informing the community about the services available.
We provide ongoing care management, education, support and subsidized and/or free respite/in-home care and adult day care services to eligible clients and their caregivers.
We provide support groups, education for caregivers/families, individualized care counseling, education for professionals, resources, a helpline, early-stage services, and more.